



LMH Beacon

Autumn 2022 Edition



“How beautiful the leaves grow old. How full of light and colour are their last days.”

John Burroughs

Another season has come and gone, and we still find ourselves dealing with COVID-19. While much of the rest of the world seems to be moving forward and removing restrictions, the government still requires our Home to keep masking, keep testing and screening, and keep our doors closed. It can be very discouraging to see everyone else creep closer to normal while we seem to be somewhat stuck, but we need to remember that this time of hardship will come to an end. Nothing lasts forever, including this pandemic.

As we approach the season of Thanksgiving, let’s remember the things in life that we are thankful for instead of the things that we could do without. We’re blessed to have a roof over our heads, meals on our tables, and friends and families to warm our hearts. No country is perfect, but we are blessed to live in a country where we have freedoms that other countries don’t have. Even in the darkest of times, there is something to be thankful for and look forward to.

The autumn season comes with beautiful falling leaves, crisp cool air, and warm comfort foods. It’s the season of thankfulness, when our local farmers are wrapping up their growing season and we celebrate a successful harvest before preparing for winter. We gather with family and friends and share a meal of fellowship as we reflect on the joys and struggles of the year so far. These things should be our focus rather than becoming discouraged by the restrictions and hardships we continue to face.

Jeff Konrad
Administrator





What Did We Do This Summer?



We love summer! We love the sunshine and the warm air and the sweet smell of summer flowers! Even with the pandemic still pressing on, we tried our best to take advantage of the warm summer weather and time spent outdoors with family and friends.

In Long Term Care, we added regular Ice Cream Cafes to our activity schedules, as well as a variety of summer crafts. We spent time on the patios, checking on our mini gardens and having themed picnics. Our residents received baked treats from some of the students from South Shore Christian School - it's nice to remember that our community is thinking of us!

In the Retirement Residence, we also added Ice Cream Cafes in the Courtyard, as well as regular Movie Nights in the Berg Lounge. We had several musical performances by Dorothy & Richard Poisson, Brad & Lynn Bailey, the Musical G's, and Timeless Tunes. Our residents got to go on our first bus trip since before the pandemic and spent the morning at Colasanti's Tropical Gardens. At the beginning of the summer, we said goodbye to David Groh and Elfrieda Neufeld, who have both moved to other retirement homes in Ontario to be closer to their respective families.

We celebrated Father's Day with a coffee break for all residents and golf-themed cupcakes from local baker, *Moost Have Desserts*. We still weren't able to have our big annual Canada Day BBQ with the Complex, but we did celebrate with a smaller barbeque and maple-flavoured ice cream.

We love summer, but we're happy to see the beginning of autumn approaching!

New Faces

RR

Kathe Cornies

Anna Fehr

Jo Mummery

IJC Floor 2

Albe Driedger

IJC Floor 3

Maria Leite

Departed Friends

Margaret Schachowskej

June 29th

Annie Nickel

July 15th

Muriel Latimer

August 16th



Long Term Care *Dementia Design Project*

As mentioned in our summer newsletter, last year's donation from the *George C. Hunt Family Foundation* has made it possible for our Long Term Care Home to undergo a little bit of a transformation. The beginning of March marked the start of our Dementia Design Project, which aims to give the look and feel of home for our residents. It started with the personalization of resident room doors, then to our hallways with bright and colourful murals, some of which are interactive.

We're happy to announce that this project was fully completed this summer! Our elevator doors now resemble a hutch-styled bookshelf, and the Tuck Shop (currently being used for COVID-19 swabbing) and Activity Room entrances appear as shops on the street. We're thrilled to see how the result of this project brightens our Home!





Retirement Residence *Facility Planning*

While we are still very much in the beginning stages of our facility upgrading, we are moving forward with the planning. As a result of the 194 surveys received from our Retirement Residence and Complex residents, as well as our supporting church congregations, it seems clear so far that most individuals expect a retirement home to be like an apartment. Results show the top priorities to be an ensuite bathroom, wi-fi, and temperature controls within the resident rooms. Secondary and medium priorities have a shift depending on the age group. The top comments showed themes of independence, privacy, affordability, spaciousness, freedom, flexibility, layered services, home-like feel, and sense of community.

Our next step is for our Assessment Committee to visit other retirement homes in southern Ontario that reflect what we're looking for based on the survey results, and then report back to our supporting churches. We will also be sending a survey to our staff to get a practical sense of what they need from our facility to be able to provide proper care to retirement residents.

The process may be slow-moving, but we're excited to move on to the next step in improving our Retirement Residence and enriching the experience of our residents!



Autumn 2022



LABOUR DAY
SEPTEMBER 5TH
OFFICE CLOSED



FIRST DAY OF AUTUMN
SEPTEMBER 22ND



Thanksgiving Fellowship Meal
OCTOBER 6TH



Thanksgiving
OCTOBER 10TH
OFFICE CLOSED



Halloween
October 31st



November 6th
DON'T FORGET TO FALL BACK!



Ninety-five Theses
REFORMATION DAY
OCTOBER 31ST



NOVEMBER 11TH
REMEMBRANCE DAY
LEST WE FORGET

Our next newsletter will be available at the beginning of December



Leamington’s 2022 Municipal Election will be done in a Vote-By-Mail format. Vote-By-Mail kits will be arriving in the mail for all registered voters. The Home will arrange a voting process to ensure residents are able to cast their votes smoothly and confidentially. More information will be provided as we get closer to October.

CERTIFIED ELECTION CANDIDATES

CANDIDATES FOR MAYOR

Cris Biron
Hilda MacDonald
Jimmy Simoni

CANDIDATES FOR DEPUTY MAYOR

Shelly Quick
John Tofflemire
Larry Verbeke

CANDIDATES FOR COUNCILLOR

Anthony Abraham
Tara Adams
Gerald Barros
Bill Dunn
Derek Friesen
Heather Latam
Christine Lehn
Dave Metcalfe
Christine Montgomery
Oscar Ramirez
Corey Robertson
Isaac Schmidtt
Kyle Sousa
Mark Stevenson
Paul Tiessen
Tim Wilkinson

CANDIDATES FOR ENGLISH PUBLIC SCHOOL TRUSTEE

Nancy Armstrong
Aimee Omstead

CANDIDATES FOR ENGLISH SEPARATE SCHOOL TRUSTEE

Mary Dimenna
Derek Thachuk

CANDIDATES FOR FRENCH PUBLIC SCHOOL TRUSTEE

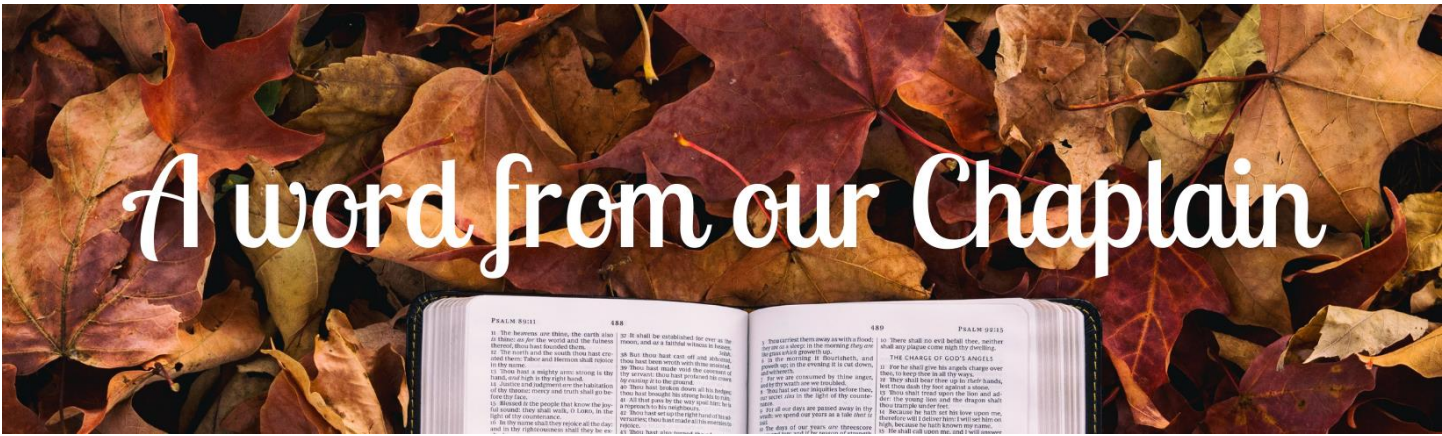
Serge Dignard
Owen Herold
Badrieh Kojok
Emmanuelle Richez

CANDIDATES FOR FRENCH SEPARATE SCHOOL TRUSTEE

Doris Sauve



- Residents may have up to four individuals at a time for a visit. Visitors should not enter the Home within ten days of visiting an individual with a confirmed case of COVID-19 and/or an individual experiencing COVID-19 symptoms.
- Everyone who enters our Home must have at least two doses of a COVID-19 vaccine and be able to provide proof upon entry. Children under the age of five are exempt from this policy.
- Individuals entering the Home are required to receive a Rapid Antigen Test (twice a week if you have three doses or more or three times a week if you have two doses) and wait at least fifteen minutes before proceeding to the resident area. Children under the age of two are exempt from rapid testing. Testing hours are from 8am-6pm seven days a week.
- Everyone entering our building is required to wear one of our medical masks for the duration of their visit. Children under the age of two are exempt from masking altogether.
- Active screening will include temperature checking and inventory of current symptoms and exposure. Anyone showing symptoms of COVID-19 must not be allowed to enter the Home or visit outdoors with the resident.
- If you are taking a resident out of the building, please contact the nurse on the resident's floor in a timely manner.
- Residents are allowed to walk the hallways with their visitors and sit in common areas on their floor only as long as appropriate social distancing is possible.
- Outdoor visits in the Greenspace between LTC and RR are available by appointment on Tuesdays, Thursdays, and Sundays from 1-4pm. Greenspace will be available until the weather becomes too cold for residents.
- Pets are once again allowed in our building provided they are up to date on veterinary vaccinations and registered with the Front Office beforehand.
- We will be reevaluating our vaccination policy in October.



A word from our Chaplain

Even when I am old and gray, do not forsake me, O God, till I declare your power to the next generation, your might to all who are to come. (Psalm 71:18)

Old age is one of the most rewarding periods of life, and more so for those who have found the absolute joy in a loving and personal relationship with the Father through faith in His Son, Jesus Christ.

In his book, *The Best is Yet to Be*, Henry Durbanville wrote: "I feel so sorry for folks who don't like to grow old... I revel in my years. They enrich me... I would not exchange... the abiding rest of soul, the measure of wisdom I have gained from the sweet and bitter and perplexing experiences of life; nor the confirmed faith I now have in the... love of God, for all the bright and uncertain hopes and tumultuous joys of youth. These are the best years of my life... The way grows brighter; the birds sing sweeter; the winds blow softer; the sun shines more radiantly than ever before. I suppose 'my outward man' is perishing, but 'my inward man' is being joyously renewed day by day."

In Joshua 14, we see that Caleb inherited the land of Hebron because he followed the Lord wholeheartedly. "So here I am today, eighty-five years old! I am still as strong today as the day Moses sent me out" (Joshua 14:10-11).

God gives strength spiritually to those who wholeheartedly follow Him. Make a commitment today to enjoy growing old and the days God has given you, so that you can make a dramatic difference in this generation for Him.

Lowell Froese
Chaplain



Church Family News



LUMC

Summer Sermon Series: *Summer Stories*

July 3rd - *Travellers' Circle Campfire*

July 24th - *Blessing of the Bikes*, in support of Hogs for Hospice

August 21st - *Town Hall Meeting*, to update the congregation of the work of the Transition Team and ongoing search for a new Pastor

August 21st - *Travellers' Circle Campfire*

Faith Mennonite Church

June 12th - *Forest Church*, hosted by Ben Koop

July 6th - *Mennonite World Conference Watch Party*

July 10th - *Forest Church*, hosted by Willie & Luise Taves

July 17th - *Come to the Water*, seven-week worship series

July 25th-29th - *Silver Lake Day Camp*

August 7th - *Zion Mennonite Church Worship and Potluck*

NLUMC

June 19th - *Fellowship Lunch*, at the UMEI pavilion, bring your own picnic lunch

August 21st - *Potluck Picnic Lunch*, at the home of Maida Tiessen & Greg Driedger

Meadow Brook Church

June 19th - *Baby Dedication Service*

June 26th - *Church BBQ*, held after our baptism service

August 2nd-5th - *Vacation Bible School*

Deer Run Church

June 12th - *Taste of Ukraine*, perogie sampling and sharing

June 26th - *Church Picnic*

July 16th - *Men's Skeet Shoot*, Ken Cloverleaf Conservation Club, cost by donation, disco dinner, and prizes

July 25th-29th - *Vacation Bible School*

July 31st - *Church at the Park*

August 28th - *Newcomers Dessert Night*



Community News

Essex Kent Mennonite Historical Association

August 26th - *Letters from the Past*, a choral concert arranged and written by Elaine Penner

Hogs for Hospice

Sunday, July 31st - *Morning Worship Service*, 10:30am at the Seaclyff Park Ampitheatre

Mennonite Church Eastern Canada

June 15th - *Shalom For All Creation*, and Ecotheology Learning Retreat

July 5th-10th - *Mennonite World Conference*, online and in person.

Mennonite Economic Development Associates

August 6th - *Community Meal*, half of the funds raised will go to the Leamington Mennonite Home.

Southwestern Ontario Gleaners

Food for All Luncheon, over \$30,000 raised through sponsorships and donations. This money will go directly to the production and packaging of over 600,000 servings of soup mix for Ukraine.

August 27th - *Annual Fundraising Banquet*

UMEI

June 6th - *Choral Choir Concert*, an evening of choral music with special guest choir, Music Moves Kids.

June 10th - *Fish Fry Fundraiser*, artwork display, robotics demonstration, and rocket launch.

July 10th - *Pancake Brunch*, artwork display, robotics demonstration, and rocket launch.





Are you looking for something to do out in the community with your family and friends? Give one of these events a try!

Leamington Marina Patio Nights - September 2nd

Location: Leamington Marina

Time: 7-9pm

Live entertainment from great local musicians!

Kingsville's Movies in the Park - September 2nd

Location: Carnegie Center

Time: 8:30pm

Part of a free outdoor movie series, bring your own lawn chair or blanket. Games and activities start at 7:30pm before the show.

Harrow Fair - September 1st-4th

Location: 134 McAfee, Harrow

Time: varies

Offers several family activities for all age groups.

The Odd Couple - September 9th

Location: The Bank Theatre

Time: varies

For tickets and showtimes visit www.visitwindsoressex.com/event/the-odd-couple-by-neil-simon.

Support Group - September 16th

Location: Erie Shores Hospice

Time: 10-11:30am

An 8-week support group for adults who are struggling after experiencing the death of a loved one. Call 519-251-2590 for registration.

Fall Flea Market - September 17th & 18th

Location: Canadian Transportation Museum and Heritage Village

Time: 9am-3pm

Lightning Bolt - September 24th

Location: Point Pelee National Park

Time: 9am-12pm

A running and/or walking event hosted by UMEI Christian Highschool.

Southpoint International Kite Festival - October 1st and 2nd

Location: 165 Mersea Road 12

Time: 10am

Two days of kites, lights, and other delights for all ages and it is FREE!





**A REMINDER FOR
RESIDENTS AND
THEIR FAMILIES:**



**IF YOU ARE BRINGING A BIRTHDAY CAKE
FOR TO BE SERVED ON YOUR/YOUR LOVED
ONE'S BIRTHDAY,
PLEASE NOTIFY OUR RECEPTIONIST
(MELISSAGEBRAEL@MENNONITEHOME.CA)
OR OUR DIRECTOR OF SOCIAL &
RECREATION SERVICES
(JUDY@MENNONITEHOME.CA)
BY 2PM THE DAY PRIOR**

**THIS GIVES OUR DIETARY
STAFF ENOUGH TIME TO
PLAN ACCORDINGLY AND
ENSURES THAT THE CAKE
WILL BE SERVED AT YOUR
DESIRED TIME**





Meet your Neighbors

Long Term Care

Marion Cox



Marion was born on May 22, 1923 in Ford Township, Kent County. She was born Freda Marion Dawson to parents Rex Dawson and Ada Wickwire. She has three brothers, Lloyd, Harold, and Jerry (all deceased) and three sisters, Marjorie, Jean, and Kathleen. Marion was married on April 28, 1943 to Bernard Cox, and together they had four children: Patricia, Jeannie, William, and Jane. Marion lived on farms all her life and was a teacher until she retired in the early 1980s. She has seven grandchildren and eight great grandchildren. She moved into our Home in February 2014.

Cory was born on April 4, 1929 in the Netherlands. She is one of four children and immigrated to Canada with her husband, Mike, in 1951. She has three daughters and one son, fourteen grandchildren, and three great grandchildren. Cory enjoyed both knitting and sewing and volunteered for the Children's Aid Society, driving children to various appointments throughout Windsor-Essex County. She also volunteered at "The New to You" shop in Leamington for many years. Cory moved into our Home in November 2014.

Cory Boudry



Retirement Residence

Royce Campbell



Royce was born on July 24, 1925 in Tilbury West. He did some farming and later went on to work at Heinz, where he retired at Christmastime in 1989 after 37 years of service. Royce was married to Hazel, with whom he has two sons, five grandchildren, and two great grandchildren. He moved into our Retirement Residence in May 2015.



H u g s



It's wonderous what a hug can do.
A hug can cheer you when you're blue.
A hug can say, "I love you so,"
Or, "Gee, I hate to see you go."

A hug is, "Welcome back again!"
And, "Great to see you!" or "Where have you been?"
A hug can soothe a small child's pain
And bring a rainbow after rain.

The hug! There's just no doubt about it,
We scarcely could survive without it.
A hug delights and warms and charms,
It must be why God gave us arms.

Hugs are great for fathers and mothers,
Sweet for sisters, swell for brothers,
And chances are some favourite aunts
Love them more than potted plants

Kittens crave them, puppies love them,
Heads of state are not above them.
A hug can break the language barrier
And make the dullest day seem merrier.

No need to fret about the store of em,
The more you give, the more there are of them.
So Stretch those arms without delay
And give someone a hug today!

Submitted by Ruby Baker

A historic moment
in LMH history!
Our Kitchen
served its first ever
Taco Salad!

June 9, 2022

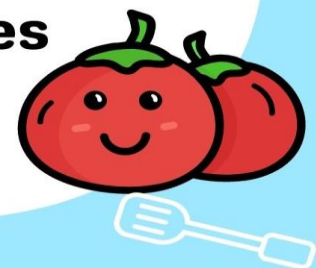
Submitted by Katie Brown



**DO YOU HAVE A FAVOURITE
MEAL YOU'D LIKE SERVED
IN OUR DINING ROOM?**

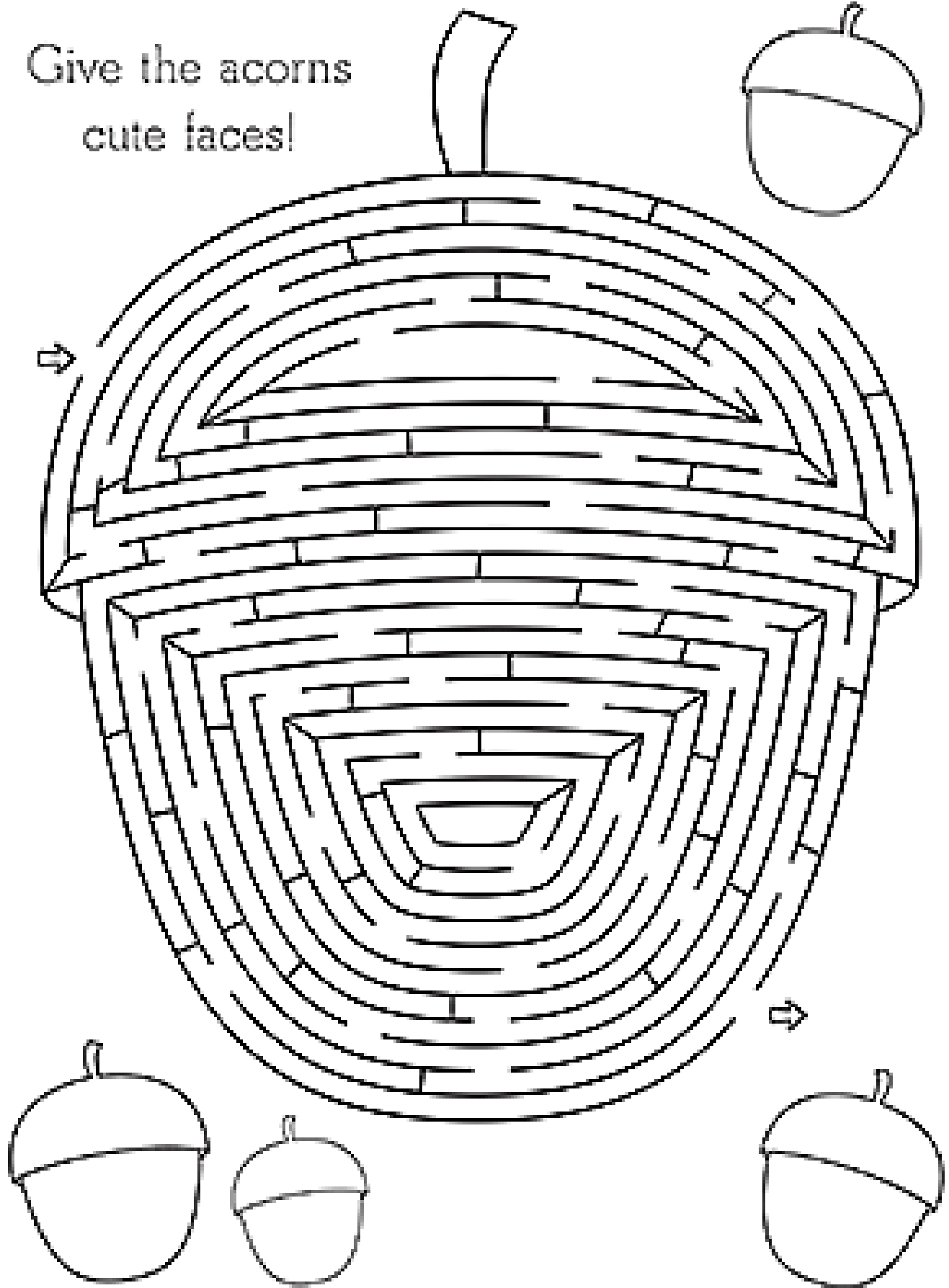
**Talk to Tina Klassen,
Director of Dietary Services**

We value your input!



Acorn Maze

Give the acorns
cute faces!



Fall

Word Search



H E L E A V E S T H
N A M A I Z E Z S K
I T L B O I J A H H
K U V L Z C U C A O
P R P Z O Q M R N M
M K M A S W V C U X
U E W B C E E M A D
P Y R V S O R E A P
M R N T Z X R D N M
E D I R Y A H N J D

ACORN

HAYRIDE

PUMPKIN

HALLOWEEN

LEAVES

SQUASH

HARVEST

MAIZE

TURKEY