



# LMH Beacon

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## Winter 2022 Edition

***“Winter, a lingering season, is a time to gather golden moments, embark upon a sentimental journey, and enjoy every idle hour.”***

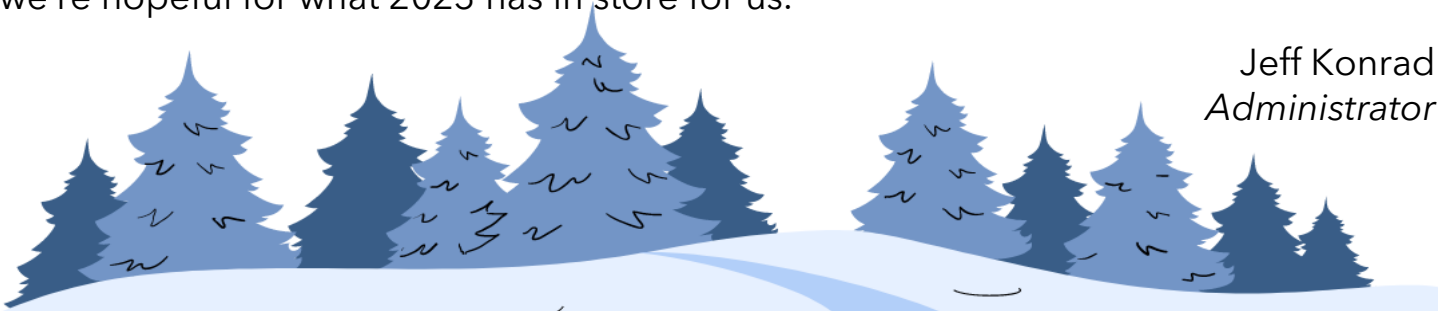
**John Boswell**

This time of year is full of joy, but it also has a certain bitterness to it. The sky gets dark sooner and the cold winter air bites at our skin whenever we leave the warmth of our homes. Thankfully, the bitterness is cut by the bright lights of the Christmas season and the warmth of the company of our families and friends.

Right before Thanksgiving weekend, we entered our fourth COVID-19 outbreak of the year. While outbreak is never a fun time, we're grateful that it was contained to the third floor of Long Term Care and only lasted a total of thirteen days. Our mandatory COVID-19 vaccination policy ended on November 1<sup>st</sup>, and we're happy to see unvaccinated family and friends return to our building to enjoy time with our residents.

As we approach the beginning of a brand-new year, we hope to leave some of the COVID-19 pandemic behind us and look forward to a happier and healthier year with less risk and negativity. We know that coming out of pandemic mode will be slow, but we're hopeful for what 2023 has in store for us.

Jeff Konrad  
Administrator



# What Did We Do This Autumn?



This autumn was full of festive activities! The warm, sunny weather kept us bright and cheery as the temperatures started to drop. In Long Term Care, residents enjoyed walks with our Activity staff down Pickwick Drive and to the Garrison Park next door the crisp fall weather and beautiful colours of the changing leaves. We made fun fall crafts like colourful corn cobs and google-eyed turkeys, enjoyed musical performances by Dorothy & Richard Poisson, and decorated orange cupcakes for Halloween.

In the Retirement Residence, we saw the return of a few activities that we haven't done since before the pandemic: Sing-Alongs with Erna Dick on Fridays began in September, monthly Birthday Parties returned for the last Saturday of the month starting in October, and Catholic Mass in the Chapel with St. Michael's Parish began in November. We welcomed musical performances by the Musical G's, Dorothy & Richard Poisson, Timeless Tunes, and Brad & Lynn Bailey, and ventured out on trips to Colasanti's Tropical Gardens, Thiessen's Apple Orchard, and Wal-Mart for shopping. In the middle of November, we held our annual Memorial Service to remember the residents in the Home and Complex who passed away throughout the last year.

The Christmas season officially began with the First Advent Communion Service at the end of November in the Retirement Residence. Our Home has been beautifully decorated for the holidays and we're happy to move into this season of peace, joy, and love.

## New Faces

RR

Heather Vannieuwenburg

Karin Lepp

Marion Murray

LTC Floor 2

Jennie Kuzyk

Rudy Lehn

LTC Floor 3

Bruno Penner

Maria Freitas

Helena Wall

## Departed Friends

Alice Baerg  
September 24th

Maria Amelia  
September 25th

Jennie Kuzyk  
October 12th

Kathe Grundner  
November 18th

Louise Mulcaster  
November 22nd

# Albuquerque Turkey

Albuquerque is a turkey,  
And he's feathered and he's fine.  
And he wobbles, and he gobbles,  
And he's absolutely mine.

He's the best pet that you can get,  
Better than a dog or cat.

Albuquerque, he's my turkey,  
And I'm awfully glad of that.

Albuquerque, he's my turkey,  
He's so cozy in his bed,  
Because for our Thanksgiving dinner,  
We had scrambled eggs instead.

Submitted by  
Jake Lehn (RR)



# Darn, I'm older than dirt!

Someone asked the other day, "What was your favourite fast food when you were growing up?"

"We didn't have fast food when I was growing up," I informed him, "All the food was slow."

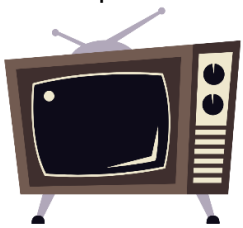
"Come on, seriously. Where did you eat?" he insisted.

"It was a place called 'at home,'" I explained. "Mom cooked every day and when Dad got home from work we sat down together at the dining room table, and if I didn't like what she put on my plate I was allowed to sit there until I did like it."

By this time, the kid was laughing so hard I was afraid he was going to suffer serious internal damage, so I didn't tell him the part about how I had to have permission to leave the table.

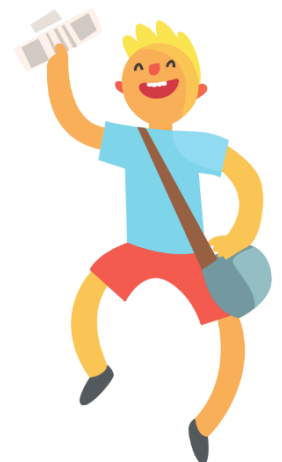
Here are some other things I would have told him about my childhood if I thought his system could have handled it:

- Some parents never owned their own house, wore Levi's, set foot on a golf course, traveled out of the country, or had a credit card.
- My parents never drove me to school. I had a bicycle that weighed probably 50 pounds and only had one speed: slow.



- We didn't have a television in our house until I was 10 years old. It was, of course, black and white, and the station went off the air at 11pm after playing the national anthem and a poem about God. It came back on the air at about 6am and there was usually a locally produced news and farm show on featuring local people.

- I never had a telephone in my room. Our only phone was on a party line. Before you could dial, you had to listen and make sure some people you didn't know weren't already using the line.
- Pizzas were not delivered to our home, but milk was, and so was bread.
- All newspapers were delivered by boys and all boys delivered newspapers - my brother delivered a newspaper six days a week. He had to get up at 5am every day.
- Movie stars kissed with their mouths shut. There were no movie ratings because all movies were responsibly produced for everyone to enjoy viewing, without profanity or violence or most anything offensive.



If you grew up in a generation before there was fast food, you may want to share some of these memories with your children and grandchildren. Don't blame me if they bust a gut laughing.

How many do you remember?

- Head lights dimmer switches on the floor.
- Ignition switches on the dashboard
- Pant leg clips for bicycles without chain guards
- Soldering irons you heat on a gas burner
- Using hand signals for cars without turn signals.

## Older Than Dirt Quiz

Count all the ones that you remember, NOT the ones you were told about!

1. Candy cigarettes
2. Coffee shops with tableside jukeboxes
3. Home milk delivery in glass bottles
4. Party lines on the telephones
5. Newsreels before the movies
6. TV test patterns that came on at night after the last show and were there until TV shows started again in the morning (only 3 channels if you had a TV!)
7. Pea-shooters
8. Howdy Doody
9. 45 RPM records
10. Hi-fi records 33 1/3 RPM
11. Metal ice trays with lever
12. Blue flashbulb
13. Cork popguns
14. Studebakers
15. Wash tub wringers



If you remembered 0-3 = You're still young

If you remembered 4-6 = You're getting older

If you remembered 7-10 = Don't tell your age

If you remembered 11-15 = You're older than dirt! THAT'S ME!



Our Retirement Residence Planning Committee met for the last time on Friday, October 7<sup>th</sup> to discuss their visits to other retirement residences. Those visited were Seacliff Manor and Chartwell in Leamington and Winston Park Schlegel Villages and Parkwood Seniors Community in Kitchener/Waterloo. Highlights from these visits included spacious common areas that were homey and inviting with lots of windows and skylights, differing levels of accommodation with locks on the doors, wheelchair accessibility and safety items throughout the building, kinesiologists on staff, bio of residents done when they move in, and affordability. The committee also looked at the results from the staff survey - among the suggestions are more communal space for residents, a larger staff room, an education room, more storage, more activities for residents, more parking for staff and residents, and individual room thermostats.

With all the information collected from current and potential residents, staff, and other facilities, the committee has developed a wish list for a new LMH Retirement Residence:

- A central hub on the first floor for communal activities
  - Common areas for crafts, woodworking, computer room, pub, café, etc.
  - Daycare for staff with opportunity for residents to connect with kids
  - Space for the Mennonite Historical Society and partnership where seniors can share their stories
- More home-like, less institutional, windows/natural light, welcoming colours
- Studio, 1 bedroom, and 1 bedroom + den units
- Locks on resident doors and patio/balcony on units
- An inviting outdoor space for resident use
- Affordability
- Flexible mealtimes

Our next step in the planning process is to consult with local architecture/building companies and put together a Building Committee.



## **ELECTION RESULTS**

### **MAYOR**

Hilda MacDonald 4333 votes

### **DEPUTY MAYOR**

Larry Verbeke 3229 votes

### **COUNCILLORS**

Anthony Abraham 2806 votes

Bill Dunn 4250 votes

Heather Latam 2363 votes

Paul Tiessen 3949 votes

Tim Wilkinson 4253 votes

### **English Public School Trustee**

Nancy Armstrong 2851 votes

### **English Separate School Trustee**

Mary Dimenna 2952 votes

### **French Separate School Trustee**

Doris Sauve Acclaimed

# Winter 2022


*Advent Sundays*

*November 27*  
*Hope*

*December 3*  
*Love*

*December 11*  
*Joy*

*December 18*  
*Peace*



*First Day of Winter*

*December 21*



**NEW YEAR'S DAY**

January 1st




**HAPPY Valentine's Day**

FEBRUARY 14




*HAPPY GROUNDHOG DAY*



FEBRUARY 2

**Family Day**

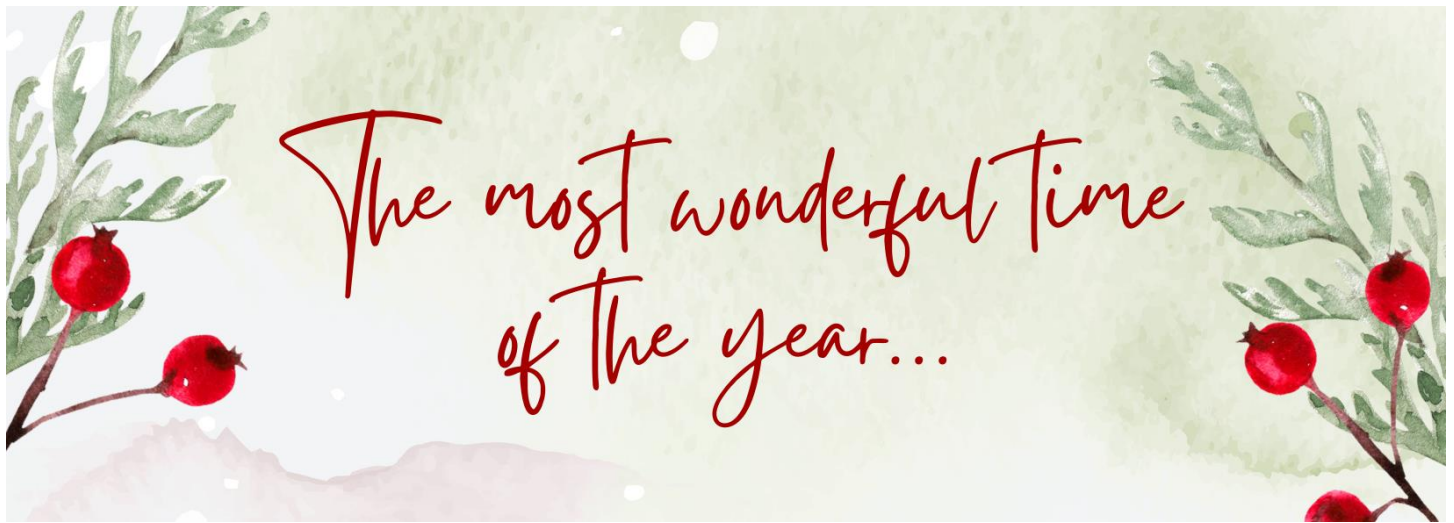


February 20

Our next newsletter will be available at the beginning of March







## Christmas Decorations

It's beginning to look a lot like Christmas throughout our Home thanks to the addition of Christmas decorations! A big thank you to Charlotte Murray, Anna Herhalt, and Wendy Bateman, who came in to set up decorations throughout the Home, and to Johanna Dyck in RR for setting up her beautiful Christmas village. Thank you to our Social/Recreation staff and residents for decorating on the floors in Long Term Care. Thank you to Judy and Rick Ferrari and Kris Lowes for brightening up the Retirement Residence Courtyard, and to Madison Grineau for painting festive murals on our windows.



## RR Lightstravaganza

Retirement residents are welcome to join us on Thursday, December 8<sup>th</sup> at 6pm as we officially unveil the display of lights in the Courtyard. Refreshments will be served in the Berg Lounge following a walk through the Courtyard.



## NLUMC Christmas Sing-Along and Carolling

On Tuesday, December 6<sup>th</sup> we will have a group from NLUMC coming to spread Christmas cheer in our Home! There will be a Christmas Gathering in the RR JC Neufeld Auditorium at 3pm with light refreshments, caroling, and fellowship.



## Resident Christmas Meal

A Christmas meal will be served to residents on December 25<sup>th</sup>, consisting of turkey, mashed potatoes, stuffing, and all the traditional fixings.



# PLEASE DO NOT BRING POINSETTIAS INTO OUR HOME

While we all enjoy the festive feel that poinsettias bring to a room, we do have staff within our Home who are severely allergic to them.

**Fake poinsettias are acceptable.**

Thank you for your helping us keep our Home a safe space for our staff!





**A REMINDER FOR  
RESIDENTS AND  
THEIR FAMILIES:**



**IF YOU ARE BRINGING A BIRTHDAY CAKE  
FOR TO BE SERVED ON YOUR/YOUR LOVED  
ONE'S BIRTHDAY,  
PLEASE NOTIFY OUR RECEPTIONIST  
([MELISSAGEBRAEL@MENNONITEHOME.CA](mailto:MELISSAGEBRAEL@MENNONITEHOME.CA))  
OR OUR DIRECTOR OF SOCIAL &  
RECREATION SERVICES  
([JUDY@MENNONITEHOME.CA](mailto:JUDY@MENNONITEHOME.CA))  
BY 2PM THE DAY PRIOR**

**THIS GIVES OUR DIETARY  
STAFF ENOUGH TIME TO  
PLAN ACCORDINGLY AND  
ENSURES THAT THE CAKE  
WILL BE SERVED AT YOUR  
DESIRED TIME**





- Proof of vaccination is no longer a requirement to enter our building.
- Residents may have up to four individuals at a time for a visit in their room.
- Visitors should not enter the Home within ten days of visiting an individual with a confirmed case of COVID-19 and/or an individual experiencing COVID-19 symptoms.
- Everyone entering the Home is required to receive a Rapid Antigen Test and wait at least fifteen minutes before proceeding to the resident area. Children under the age of two are exempt from rapid testing. Testing hours are from 9am-6pm seven days a week.
- Everyone entering our building is required to wear one of our medical masks for the duration of their visit. Children under the age of two are exempt from masking altogether. Visitors may remove their masks in their resident's room.
- Screening will include temperature checking and inventory of current symptoms and exposure. Anyone showing symptoms of COVID-19 must not be allowed to enter the Home or visit outdoors with the resident.
- If you are taking a resident out of the building, please contact the nurse on the resident's floor in a timely manner.
- Outdoor visits in the Greenspace between LTC and RR are discontinued until next Spring.
- Pets are allowed in our building provided they are up to date on veterinary vaccinations and registered with the Front Office beforehand.



# A word from our Chaplain

"For unto us a child is born, unto us a Son is given, and the government shall be upon his shoulder, and his name shall be called Wonderful, Counsellor, The mighty God, The everlasting Father, The Prince of Peace." (Isaiah 9:6)

The Christmas season is here, and with that comes memories of years past. The family gatherings, the food, the decorations, the tree, and most importantly, the gifts. I remember as a child, spending hours building with Lego, zooming around moms' garden in the summer with my Tonka trucks, and farming alongside my brother with our farm and toy tractors. But as fun as all that was, it does not compare to the greatest gift given to me and you from our Father in heaven: God's love!

"For God so loved the world that He gave His only begotten Son, that whosoever believeth in Him should not perish, but have everlasting life." (John 3:16)

God knew we couldn't save ourselves, so He sent His Son to be born in a manger, to die on a cross, to rise again into glory, and to come again to redeem His Church.

"What the world needs now is love, sweet love  
It's the only thing that there's just too little of  
What the world needs now is love, sweet love  
No, not just for some but for everyone."  
(lyrics from "What the World Needs Now is Love")

We all need to be loved. No one should feel left out or unloved. This Christmas season, my challenge is for us to appreciate this great gift of love that can transform our lives and to share it with those around us.

Lowell Froese  
Chaplain



# Church Family News



## LUMC

September 11<sup>th</sup> - *Kick Off Sunday*, a festive gathering to call us back after the summer and COVID-19 pandemic

September 18<sup>th</sup>-October 9<sup>th</sup> - *Fill the Shopping Cart Thanksgiving Food Bank Drive*

October 4<sup>th</sup> - *Grief Support Sessions*, a 10-week series of classes

October 16<sup>th</sup> - *Thiessen's Apple Orchard*, all are welcome for informal fellowship over apple-picking and other festivities

November 5<sup>th</sup> - *God's Calling for the Church in Post-Christendom Canada (Workshop)*, exploring the reasons why we are living in a post-Christendom world and how to remain faithful to God's calling in this changing world

November 12<sup>th</sup> - *Harvest Celebration*, everyone welcome for food, games, rides, bonfire, and fellowship at Henry & Alison Klassen's Farm

November 20<sup>th</sup> - *Memorial Sunday*

## NLUMC

September 18<sup>th</sup> - *Potluck Picnic Lunch and Informational Membership Meeting*

September 21<sup>st</sup> - *MCCO Online Bystander Training*, to help people become active bystanders who are equipped and confident to intervene redemptively in violent or abusive situations

Throughout October - *Socktober and Undie Sunday*, donation collection of new socks and underwear for The Bridge Youth Centre

October 2<sup>nd</sup> - *Missions Team Grocery Cards and Communion*, partake in communion and donate a grocery gift card for the less fortunate

October 23<sup>rd</sup> - *Parent/Child Blessing Service*

October 23<sup>rd</sup> - *Young Families Pizza Lunch*, for families with children in Sunday School, Jr. Youth, and High School

November 20<sup>th</sup> - *Memorial Sunday*

November 29<sup>th</sup> - *Seniors Christmas Social*, singing and refreshments

### **Faith Mennonite Church**

September 11<sup>th</sup> - *Education Sunday*, include a blessing of the backpacks followed by a Sunday School Picnic

September 23<sup>rd</sup> and 24<sup>th</sup> - *Bonfire and Kayaking*

October 9<sup>th</sup> - *Thanksgiving Table*, bring something to share on the table as a donation to the Salvation Army Food Bank and our Community Meals

October 21<sup>st</sup>-23<sup>rd</sup> - *Seeing with the Heart*, contemplative photography retreat at Silver Lake Mennonite Camp

October 30<sup>th</sup> - *Breads and Spreads*, potluck meal following our learning about the Festival of Booths

November 24<sup>th</sup> - *Faith Adult Christmas Dessert Party*

November 26<sup>th</sup> & 27<sup>th</sup> - *County Classic Choral Christmas Concert*

### **Deer Run Church**

September 11<sup>th</sup> and 25<sup>th</sup> - *Starting Points*, for those who are new to the church

September 11<sup>th</sup> and 18<sup>th</sup> - *Child Dedication Orientation*

September 18<sup>th</sup> - *Baptism classes start*

October 9<sup>th</sup> - *Thanksgiving Banquet*

October 16<sup>th</sup> - *Lifegroup Launch*, for singles who are 25 and older with coffee and dessert

October 18<sup>th</sup> and 19<sup>th</sup> - *Jesus & Women*, women's bible study series begins

October 31<sup>st</sup> - *Family Fun Night*, at Nature Fresh Farms Recreation Centre

November 11<sup>th</sup>-13<sup>th</sup> - *Anabaptist Course*, taught by Jake Enns

November 20<sup>th</sup> - *Baptism and Membership Service*

November 27<sup>th</sup> - *Congregational Budget Meeting*

### **Meadow Brook Church**

September 24<sup>th</sup> and October 29<sup>th</sup> - *Games & Apps Night*, a night of connecting, fun, and food

September 25<sup>th</sup> - *Starting Points*, brief post-service informational meeting for all new attendees and visitors

October 2<sup>nd</sup> and 9<sup>th</sup> - *Thanksgiving Offering*, target of \$100,000 to go towards the church budget, missions, and our Community Meal

October 16<sup>th</sup> - *Pathways Classes*, the first of four Sunday membership and baptism classes

October 4<sup>th</sup> and November 15<sup>th</sup> - *Rebuilding the Temple and Rebuilding, Revival, and Restoration of the People of God*, precept classes following the books of Ezra/Haggai and Nehemiah

November 13<sup>th</sup> - *Dessert Auction*, fundraising for youth Winter Retreat

November 13<sup>th</sup> - *Operation Christmas Child deadline*

November 18<sup>th</sup> - *Christmas Movie Night*, "The Star", popcorn and drinks provided



# Community News

## Caldwell First Nation

September 30<sup>th</sup> - *Orange Shirt Day*, walk from 14 Orange Street to Point Pelee Northwest Beach, lunch, drumming, crafts, and sharing

## The Bridge Youth Resource Centre

October 14<sup>th</sup> - *Sleeping out for the Bridge*, fundraising challenge

## Essex Kent Mennonite Historical Association

October 21<sup>st</sup> - *Travelogue at the Heritage Centre, Guyana: A Wilderness Paradise* by Dr. Don Taves

November 4<sup>th</sup> - *Travelogue at the Heritage Centre, African Safari, Egypt, and Dubai* by Peter and Susan Andrew

## Mennonite Central Committee

November 18<sup>th</sup>-19<sup>th</sup> - *Speaking Truth, Building Peace*, MCC Peace Conference

## Mennonite Church Eastern Canada

September 21<sup>st</sup> - *Shalom for All Creation: An Ecotheology Learning Retreat*, online session interspersed with two blocks of outdoor reflection time in your location

## Southwestern Ontario Gleaners

November 19<sup>th</sup> - *Open House*

## UMEI

September 24<sup>th</sup> - *Annual Lightning Bolt*, a 5k/10k walk or run, complete with race shirts, awards, and door prizes

October 15<sup>th</sup> - *Dine-in/Drive-thru Fish Fry*

October 26<sup>th</sup> - *Project ReNEW Update Meeting*, update and input on Project ReNEW

November 9<sup>th</sup> - *Annual Meeting*

November 22<sup>nd</sup> - *Open House*, Grand opening of the new Robotics Tech Zone with demonstrations from teachers and Enriched Robotics students







**Are you looking for something to do out in the community with your family and friends? Give one of these events a try!**

**Christmas Trivia Night - December 2<sup>nd</sup>  
The Bank Theatre, Leamington**

**Time: 6:00pm**

\$40 per team of 4, doors open at 5pm, all ages welcome, limited capacity, \$200 prize to winning team.

**Country Christmas - December 2<sup>nd</sup>-3<sup>rd</sup>  
Jack Miner Bird Sanctuary, Kingsville**

**Time: 5:00-8:00pm on the 2<sup>nd</sup>,  
10:00am-3:00pm on the 3<sup>rd</sup>**

Enjoy hot cocoa, bonfires, crafts, house and museum open for tours. Snowmobile/ATV Show from 9am-12pm on the 3<sup>rd</sup>.

**Edmunds Towers School of Dance:  
The Nutcracker - December 2<sup>nd</sup>-4<sup>th</sup>**

**Capitol Theatre, Chatham**

**Time: 7:00pm (2:00 on the 4<sup>th</sup>)**

This ballet is performed by over 125 elegantly costumed dancers to the much-loved score by Tchaikovsky. This production is an annual holiday tradition that is held at the Capitol Theatre in Chatham each December.

**Lights of Life - December 4<sup>th</sup>  
Erie Shores Health Care, Leamington**

**Time: 7:00pm**

Leamington Hospital's 28<sup>th</sup> annual tree lighting ceremony.

**Willistead Manor Holiday Tours -  
December 4<sup>th</sup> and 7<sup>th</sup>**

**Willistead Manor, Windsor**

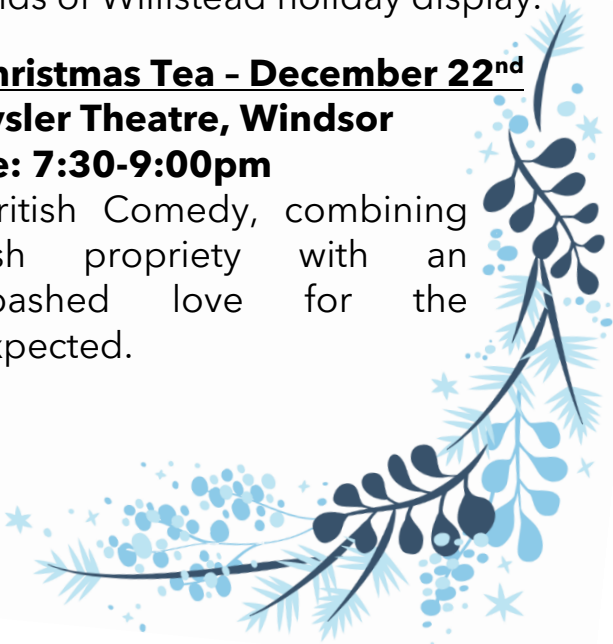
**Time: 1:00-4:00pm**

Experiences include tours of Willistead Manor all decked out in its holiday finest, tours of the new Coach House Historical Exhibition, and access to the Friends of Willistead holiday display.

**O Christmas Tea - December 22<sup>nd</sup>  
Chrysler Theatre, Windsor**

**Time: 7:30-9:00pm**

A British Comedy, combining British propriety with an unabashed love for the unexpected.





# Meet your Neighbors

## Long Term Care

**Stan Schachowskoj**



Stan was born on September 3, 1931 in Russia to Walter and Anna Schachowskoj. The family left Russia and made their way to South America, settling in Paraguay in 1947, and then to Canada in 1957. Stan has two sisters and had four brothers. Stan was a mechanic in Vineland for a short time and soon came to Leamington where he continued as a mechanic and met his wife, Margaret. Stan and Margaret lived in our Complex before Stan moved into our Home. Margaret later moved into our Home and passed away in 2022. Stan has lived in our Home since April 2015.

## Retirement Residence

Margaret Herhalt was born on March 10, 1933 in Nurnberg, Germany. She lived there until 1943, at which time she moved to Simbach with her grandparents. At the age of 14, she began her apprenticeship as a hairdresser in her uncle's business which lasted for three years. After her apprenticeship, she found employment at a hairdresser in Hart An Der Alz in Bavaria in 1950. Shortly after arriving in Hart An Der Alz she met Josef, who she married in 1953. Times were tough in Germany at that time so on the endorsement of relatives in Canada, Margaret and Josef immigrated in 1955 in March. Their arrival in Leamington was March 7, 1955. In 1957 their only son, John, was born. He married Anna Ligori in 1981 and they had Margaret and Joe's only grandson, Christopher, in 1990. Margaret has a great granddaughter named Laila. Margaret retired from hairdressing full-time in 1990. Margaret and Joe enjoyed Caribbean and European travel and cottaging in Magnetawan since 1984. Joe passed away in 2019. Margaret has lived in our Home since June 2015.

**Margaret Herhalt**





# Christmas Word Search

A	L	X	O	Y	A	D	I	L	O	H	J	O	Y	I	N	S	Q
S	G	I	N	G	E	R	M	A	H	T	A	E	R	W	M	Z	A
H	Y	S	E	M	E	A	N	S	A	M	T	S	I	R	H	C	N
P	W	O	T	R	E	E	J	Y	C	A	N	D	Y	C	A	N	E
L	R	Q	A	O	K	E	L	O	V	I	A	N	F	G	T	H	N
O	S	H	R	G	C	O	W	V	O	W	S	R	A	W	R	I	A
D	J	V	B	E	S	K	N	G	E	H	O	X	M	N	E	D	W
U	O	O	E	L	I	K	I	D	O	S	L	G	E	D	E	O	I
R	L	Q	L	S	T	H	A	N	T	L	Z	D	C	O	D	N	G
J	U	E	E	L	O	C	K	Y	G	P	E	G	S	G	N	Y	N
H	B	N	C	A	Y	L	U	T	H	L	H	E	J	Y	I	T	I
E	L	O	B	E	R	S	M	I	S	T	L	E	T	O	E	W	H
E	I	R	E	I	N	T	E	B	E	X	W	F	I	R	R	S	T

**SANTA**

**CELEBRATE**

**BELLS**

**RUDOLPH**

**MISTLETOE**

**STOCKING**

**CANDY CANE**

**FROSTY**

**REINDEER**

**WREATH**

**ELVES**

**CHRISTMAS**

**TREE**

**JOLLY**

**HOLIDAY**

**SLEDGE**

# COLOR BY NUMBER



RED

= 17



BROWN

= 19



LIGHT  
BLUE

= 21



WHITE

= 18



PURPLE

= 20

