

**Leamington Mennonite Home
Long Term Care & Retirement Residence**

POLICY AND PROCEDURE

CATEGORY: Resident Care	SUBJECT: Specialized Dementia: Recreation Therapy Program	SECTION: S POLICY: 6
DATE: February 2012	Administrator's Signature: _____	

SPECIALIZED DEMENTIA: RECREATION THERAPY PROGRAM

OBJECTIVE:

The Recreation Therapy Program will:

- Provide personalized social and emotional stimulation
- Strengthen the cognitive awareness and response of residents
- Promote social engagement and communication
- Respond to difficult and inappropriate behaviours
- Help overcome ethno-cultural, linguistic, and social barriers
- Assist, when possible, with the progressive integration into group settings and social activities

POLICY:

The Specialized Dementia: Recreation Therapy Program is an individualized and group therapy process for residents with advancing and progressive dementia. Specifically, the program responds to, and assists, those residents who cannot manage their Activities of Daily Living and are not candidates for the Restorative Care Program.

Residents benefitting from the Specialized Dementia: Recreation Therapy Program are those with identified cognitive impairments and/or are demonstrating inappropriate behaviours.

PROCEDURE:

- Referrals to the program shall be made upon admission through the Social-Rec Department Leader and/or Social-Rec Staff.
- An assessment shall be completed by the Recreational Therapist to determine:
 - Program eligibility
 - Individual needs/goals of the residents
 - Develop a care plan
- The Recreational Therapist shall liaise with the Social-Rec Department Leader and Restorative Care RN monthly to:
 - Identify appropriate residents for the program
 - Monitor progress and/or continued specialized needs
 - Confirm residents who are capable of graduation from the program