



LMH Beacon

Summer 2022 Edition

“Rest is not idleness, and to lie sometimes on the grass on a summer day listening to the murmur of water, or watching the clouds float across the sky, is hardly a waste of time.”

John Lubbock

This spring wasn't exactly what we'd hoped for after the difficult winter we experienced. We had about one month of "freedom" before going back into outbreak on April 2nd, and our Retirement Residence was hit very hard by resident COVID-19 cases and periods of isolation. This last outbreak has been over since April 22nd, and we've eagerly been trying to move forward with activities and events for our residents in both Long Term Care and Retirement. We absolutely would not like to go into outbreak again, and so we would like to remind residents and staff to please use reasonable caution when socializing with friends and family to minimize the risk of bringing COVID-19 back into our Home.

Over the last month or so, we've been making efforts to scale back on some of our COVID-19 precautions and get some things back to normal. Most notably, all visitors are no longer required to book appointments in advance to visit our Home. We're happy to see this change to help family and friends have ease of access to our residents, and we hope to make more changes soon. In the meantime, we ask that you continue to be patient with us as we work towards making these decisions.

Overall, we're excited for summer! Nice weather always seems to make us feel a little bit lighter, which is something we need after the difficult months we've had recently. We're looking forward to the activities and events that normally come with summer, and we're happy for our residents to get out and enjoy the season ahead!

Jeff Konrad
Administrator

What Did We Do This Spring?



We did our best to keep busy this spring in between different COVID-19 outbreaks. In Long Term Care we spent time doing crafts, playing games, and watching television programmes. In the Retirement Residence we had a visit from Crazy Raisy, and musicians such as the Baileys, the Poissons, and the Musical G's. Our residents enjoyed coffee breaks from Tim Hortons and our staff are grateful for the different lunches provided by residents and their families.

This Easter was spent in outbreak, so we didn't get to do a typical Easter service and Fellowship Meal, but our Chaplain went room-to-room in RR to ensure that residents who wanted to receive communion were able to do so. Some of our residents in LTC and RR were able to dye some Easter eggs, and our residents received a donation of hydrangeas from our Ladies' Auxiliary, which helped to brighten our spirits during the outbreak.

This Mother's Day each of the ladies in our Home received a floral cupcake from *Moost Have Desserts*, a small bakeshop located in Oldcastle. At this point visitors were no longer required to pre-book visits with our residents, so many of our residents were able to have multiple visits for Mother's Day.

With outbreak over on April 22nd, we were able to get back to our regular activities, including gathering for worship services and devotions, musical guests, and bingo. We're looking forward to expanding our activity repertoire as we move into summer!

New Faces

RR
 Annie Fast
 Barbara Fraser

LTC Floor 1
 Carol Hutchison
 Jeff Blake
 Wilf Barnet

LTC Floor 2
 Frank Quiring
 Gerda Ivanschitz
 Mary Jane Barnet
 Kurt Schachowsky

LTC Floor 3
 Johanna Balasch

Departed Friends

Don Bates
 March 1st

Mary Klassen
 March 6th

Jean Arthurs
 March 20th

Ed Neufeld
 March 28th

Molly Neufeld
 March 31st

Roger Beaupre
 April 4th

Bruce Rice
 April 12th

Elizabeth Derksen
 April 15th

Michelle Dault
 May 25th



Long Term Care Dementia Design Project

Last year, we received a donation from the *George C. Hunt Family Foundation* to complete a new project to make our Long Term Care home more dementia friendly. *Creative Art Co.* are the "go-to" specialists for disguising exit doors and elevators in Memory Care facilities. This relieves the frustrations and anxieties associated with exit seeking while at the same time offering the "look and feel of home".

At the beginning of March, the project officially started with the transformation of our resident room doors from plain wood to unique individualized doors that appear as the front door of a house. These "Front Door" wraps add colour and a sense of community. A short time later each of the LTC floors received a few murals in the hallways, some of which are interactive. We look forward to the inclusion of additional murals and wraps in our Program Activity Rooms and Tuck Shop in the Front Lobby.

Thank you to the *George C. Hunt Family Foundation* for their generous donation that made this project possible! We look forward to the inclusion of interactive murals and additional door and wall wraps to finish this wonderful project!





Retirement Residence *Facility Planning*

The original building for the Leamington Mennonite Home was built in 1964 – currently, this building serves as our Retirement Residence. It is almost 60 years old and while it remains a well-built structure, we’re aware that it may not be meeting all the needs that we expect it to as a modern-day Retirement Residence. The age of this building suggests that we may have to consider some major upgrades, such as the drainage system, plumbing, and electrical soon.

We’re also aware that the needs and expectations of retirement home residents is changing. Residents moving into our Retirement Residence are coming with expectations of in-room bathing facilities and amenities such as mini fridges, coffee makers, and microwaves. We also have an increasing number of residents who want to have Wi-Fi access and overall improved esthetics.

As we begin to contemplate the future of our Retirement Residence, we have established a committee to help guide this process and we will be distributing a short survey to a target population to provide input to let us know how to proceed. The survey will address such topics as resident room features, mealtime practices, additional resident services, and more.

We’re excited to hear from our supporters and community about suggestions for our Retirement Residence, and even more excited to see this project complete in the future!





Summer 2022



OFFICE CLOSED

Our next newsletter will be available at the beginning of September



Our visiting procedures are changing - please find the current visiting procedures below.

- Residents may have up to four individuals at a time for a visit. Visitors should not enter the Home within ten days of visiting an individual with a confirmed case of COVID-19 and/or an individual experiencing COVID-19 symptoms.
- Everyone who enters our Home must be fully vaccinated (two doses) and able to provide proof upon entry. Children under the age of five are exempt from this policy.
- Individuals entering the Home are required to receive a Rapid Antigen Test (twice a week if you have three doses or more or three times a week if you have two doses) and wait at least fifteen minutes before proceeding to the resident area. Children under the age of two are exempt from rapid testing. Testing hours are from 8am-12pm and 1-6pm Monday through Friday.
- Everyone entering our building is required to wear one of our medical masks for the duration of their visit. Children under the age of two are exempt from masking altogether.
- Active screening will include temperature checking and inventory of current symptoms and exposure. Anyone showing symptoms of COVID-19 must not be allowed to enter the Home or visit outdoors with the resident. Screening hours are from 9am-6pm daily.
- As of May 4, visits are no longer required to be booked in advance. If you are taking a resident out of the building, please contact the Front Office by 2pm the business day prior.
- Residents are allowed to walk the hallways with their visitors and sit in common areas on their floor only as long as appropriate social distancing is possible.
- Outdoor visits in the Greenspace between LTC and RR are available by appointment on Tuesdays, Thursdays, and Sundays from 1-4pm.



A word from our Chaplain

Isaiah 46:4 says, "I will be your God throughout your lifetime - until your hair is white with age. I made you, and I will care for you. I will carry you along and save you."

We are all growing older. I normally ask the residents here at the Home, "How are you today?" I often get different answers, but there was one that stuck with me: "Old age is tough! But God has been good to me."

"Growing old has been the greatest surprise of my life," says Billy Graham in his book, Nearing Home. "I am an old man now, and believe me, it's not easy." However, Graham notes, "While the Bible doesn't gloss over the problems we face as we grow older, neither does it paint old age as a time to be despised or a burden to endured with gritted teeth." He then mentions some of the questions he has been forced to deal with as he has aged, such as, "How can we not only learn to cope with fear and struggles and growing limitations we face, but also actually grow stronger inwardly in the midst of these difficulties?"

In Isaiah 46 we have God's assurance: "Until your hair is white with age ... I made you, and I will care for you. I will carry you along and save you." We also have this great promise that spans all ages; "I will be your God throughout your lifetime." (v.4). God has promised to be there for us from the time that we are born to the time He decides to take us home.

We don't know how many years we will live on this earth or what we might face as we age. But one thing is certain: God will care for us throughout our life.



Channel 398 Weekly Church Services

We are discontinuing the use of Channel 398 for church broadcasting due to frequent technical issues.

All church services can be found on YouTube, and can be played using the SmartTV in the Berg Lounge.

If you require assistance, please ask one of our staff to help you.

Lowell Froese
Chaplain

Church Family News



LUMC

March 2nd - Ash Wednesday Prayer Service

March 6th - Annual General Meeting

May 1st - Parent/Child Dedication Service

NLUMC

April 10th - Paska Fundraiser, funds to support Ukraine

April 10th and 17th - Twas the Morning of Easter, Easter Story Walk

April 24th - Membership Meeting

May 15th - Fellowship and Farewell for Pastors Kendall and Charleen at Point Pelee National Park

Deer Run Church

March 15th, 22nd, 29th - Gifted by Grace, learning about spiritual gifts

April 10th - Congregational Meeting, to vote on the new constitution

April 11th - Frues Ovent, Low German ladies night

April 23rd - Date Night, with comedian Jeff Allen

Faith Mennonite Church

March 1st - Mardi Gras/Pancake Tuesday

March 6th - Ukraine is my Neighbor Fundraiser, Sunday School Students

March 27th - Brownie & Soup Youth Fundraiser, for travel to 2022 MC Canada Youth Conference

April 3rd - Forest Church & Bonfire

April 17th - Paska Breakfast

May 28th - On This Shining Night, County Classic Chorale Spring Concert, admission by donation

Meadow Brook Church

April 17th - Easter Cafe

May 1st - Sabbatical Potluck, potluck fellowship meal to send off Pastor Chris as he starts his three-month sabbatical

May 15th - Mennonite Sausage Fundraiser, last day to order, proceeds towards youth summer retreats/events

For where two or three
gather in my name, there
am I with them.

Matthew 18:20



Community News

The Bridge Youth Centre

April 23rd and 24th - *The Giving Spoon*, fundraiser lunch

Essex Kent Mennonite Historical Association

April 2nd - *History of Ukraine*, fundraising event by Andrew Stebelsky

April 22nd - *Journey Through the Greenhouse Industry*

May 13th - *Annual General Meeting*

Mennonite Church Eastern Canada

April 6th - *Forest Church Sunset Service*, an evening of worship on the beach at Point Pelee National Park

April 29th and 30th - *Courageous Imagination: Living into the Journey*, annual church gathering

Southwestern Ontario Gleaners

May 24th - *Food for All Luncheon*, pasta/salad lunch fundraiser for processing and packaging dried soup mix for Ukraine

UMEI

May 4th - *Membership Meeting*, presentation of recommendations for the next two years

May 13th - *Drive-Thru Cabbage Rolls Fundraiser*, includes cabbage rolls, baked potatoes, salad, and dessert.

June 3rd - *Taste of the World Festival*, hosted by the Hospitality and Tourism Class, enjoy a variety of foods from different cultures around the world.

June 10th - *Fish Fry Fundraiser*, includes fried perch, French fries, onion rings, coleslaw, buns, and dessert.



"THE GREATNESS
OF A COMMUNITY
IS MOST
ACCURATELY
MEASURED BY THE
COMPASSIONATE
ACTIONS OF ITS
MEMBERS."

CORETTA SCOTT KING

COMMUNITY CALENDAR

Are you looking for something to do out in the community with your family and friends? Give one of these events a try!

Hillbilly Wedding Comedy Show and BBQ - June 4th

Location: Leamington Half Century Centre

Time: 12-2pm

You're invited to a barbeque and comedy show! Tickets are \$15/person.

Market & Motors - June 10th, July 8th, Aug. 12th, Sep. 9th

Location: Cindy's Home and Garden

Time: 4-9pm

Market and classic car show, featuring artisan vendors, food trucks, and live music.

Leamington Fair - June 10th-12th

Enjoy rides, games, and all sorts of treats at the Leamington Fair - back for the first time since June 2019!



One with Nature - June 12th

Location: Point Pelee National Park

Time: 6-7:30pm

The Windsor Classic Chorale invites you to experience the power of music and the wonder of the natural world. Masks and proof of vaccination required.

Tea Party & 1800's to Today Fashion Show - June 26th

Location: Canadian Transportation Museum and Heritage Village

Time: 1-4pm

Enjoy tea and tasty treats as models take you back to Victorian times and model some current styles. Tickets (\$35) purchased by phone: 519-776-6909.

Arts at the Marina - July 2nd-3rd

Location: Leamington Marina and Rick Atkin Park

Time: 2-9pm

This authentic arts and craft event features dozens of artisans on display, live local music, children's activities, food, and refreshments.



Meet your Neighbors

Long Term Care

Anne Saba



Anne was born on July 28, 1927, in Lebanon. She came to Canada with her husband, Peter, and 3 children, Alice, Tony, and Bakhus in 1960. She was a hard worker, working different farming jobs at Pyramid Cannery in the summer and at a tobacco factory on Oak Street in the winter.

She and her husband bought their first house on Wigle Street in 1965. Anne had a great passion for her gardens – it was a garden that she tried to feed the whole neighbourhood with. In

1976 her husband passed away.

Anne moved into our Home in June 2011. Today Annie likes to take walks through the park and the retirement residence.

Retirement Residence

Mary was born in Kronsweide, Ukraine, on January 15, 1931. She was the youngest child of Agatha and Cornelius Wiebe, with three sisters and two brothers, all of whom are now deceased. During World War II, the family moved from Ukraine to Poland to Germany. Following the war, they worked for several years in Germany before coming to Canada. Mary and her husband, Edward, were married on March 14, 1949 at their home at Point Pelee. The service was performed by Reverend N.N. Driedger.

Mary Penner



She worked in the apple orchards of Point Pelee before moving to Ruthven, eventually settling in Wheatley and farming there from 1959-1980. They raised four children – Doris, Anne, Bill, and Linda. Mary and Edward eventually sold the farm to their son and continued to farm part-time.

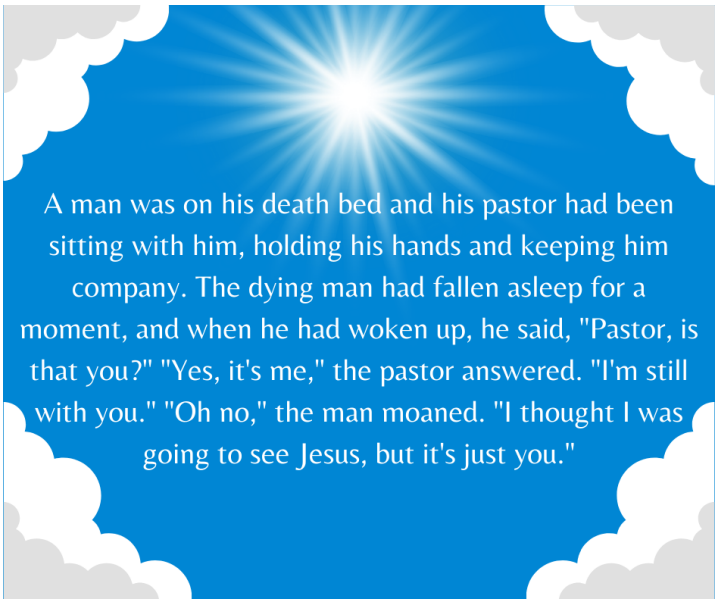
Mary has a lifelong love of cooking, sewing, gardening, and being surrounded by her children, grandchildren, and great grandchildren. She moved into our Home in September 2013.



LAUGHTER IS THE BEST MEDICINE

The Rules of Chocolate

1. If you've got melted chocolate all over your hands, you're eating it too slowly - you have to eat it faster!
2. Chocolate covered raisins, cherries, and strawberries all count as fruit, so eat as many as you want, they're good for you.
3. If you eat equal amounts of white and dark chocolate, you have a balanced diet.
4. If you put "Eat Chocolate" on your daily list of things to do, you'll always accomplish one thing you set out to do, every day.
5. Calories are afraid of heights. If you store your chocolate on top of the fridge or high shelf, the calories will jump out of the chocolate to protect themselves.

A stack of several chocolate bars, some broken into pieces, arranged on a brown background with decorative heart and circle patterns.A blue sunburst graphic with a bright white sun in the center, surrounded by white clouds. The background is a solid blue color.

A man was on his death bed and his pastor had been sitting with him, holding his hands and keeping him company. The dying man had fallen asleep for a moment, and when he had woken up, he said, "Pastor, is that you?" "Yes, it's me," the pastor answered. "I'm still with you." "Oh no," the man moaned. "I thought I was going to see Jesus, but it's just you."



When an angel gets mad,
he takes a deep breath
and counts to ten.
And when he lets his
breath out, somewhere
there's a tornado.
(Daniel, age 7)

Summer Time



Look at the numbered pictures to fill in the clues for this Summertime crossword puzzle!

